

Cityscape Schools

K-8

October 2022

Monday

Tuesday

Wednesday

Thursday

Friday

3

4

5

6

7

Country Steak Fingers
Mashed Potatoes
Peas & Carrots
Chilled Apricots
Wg Rolls/Cream Gravy

Chicken Spaghetti w/ Bread Stick
Glazed Carrots
Green Beans
100% Fruit Slush Cup
Rice Krispy

Personal Pan Pizza
Cheesy Broccoli
Romaine Garden Salad
Chilled Mixed Fruit

Pulled Pork Quesidillas
Spanish Rice
Charro Beans
100% Fruit Slush Cup
Jalapeno /Salsa/ Sour Cream

Spicy or Reg Chicken Sandwich
Tater Tots
Burger Salad
Chilled Tropical Fruit
Ketchup/Mayo/Mustard

10

11

12

13

14

Golden Crispy Chicken Nuggets
Mac N Cheese
Green Beans
Chilled Mixed Fruit
Roll/Cream Gravy

Orange Chicken W/ Steamed Rice
Steamed Broccoli
100% Fruit Slush Cup
Wg Rolls

Restaurant Style Pizza
Mixed Vegetables
Romaine Garden Salad
Blushing Pears

Crunchy Tacos
Refried Beans
Steamed Corn
100% Fruit Slush Cup
Jalapeno /Salsa/Sour Cream

Crispy Chicken Wrap
Curly Fries
Carrot Sticks
Rosy Applesauce
Ketchup/Mustard/Mayo
Ice Cream Cup

National School Lunch Week

17

18

19

20

21

Swedish Meatballs
Mashed Potatoes
California Blend Vegetables
Chilled Peaches
Rolls

Spaghetti W/Zest Meat Sauce
Roasted Zucchini
Carrot Sticks
100% Fruit Slush Cup
Garlic Breadstick
Mini Rice Krispy

Personal Pan Pizza
Cheesy Broccoli
Romaine Garden Salad
Mandarin Oranges

Beef Nacho
Cilantro Rice
Charro Beans
Mexican Street Corn
100% Fruit Slush Cup
Jalapeno /Salsa/ Sour Cream

Boneless Wings
Tater Tots
Cucumber Chips /Ranch
Chilled Pineapple Tidbits
Ketchup/Ranch/ BBQ Sauce

24

25

26

27

28

Golden Crispy Chicken Tenders
Au Gratin Potatoes
Peas & Carrots
Chilled Apricots
Wg Rolls/Cream Gravy

Pulled Pork Sandwich
Chips
Romaine Garden Salad
100% Fruit Slush Cup
Mini Rice Krispy

Restaurant Style Pizza
Mixed Vegetables
Corn on the Cobb
Romaine Garden Salad
Chilled Peaches

Soft Beef Tacos
Spanish Rice
Refried Beans
Lettuce & Tomato Salad
100% Fruit Slush Cup
Salsa /Jalapeno
Shredded Cheese/ Sour Cream

Crispy Chicken Sandwich w/ Cheese
Sweet Potato Fries
Baked Beans
Rosy Applesauce
Ketchup/Mustard/Mayo

31

Country Steak Fingers
Mashed Potatoes
Peas & Carrots
Chilled Apricots
Wg Rolls/Cream Gravy

Menu Prices
Student\$ Adult\$

SERVED DAILY

SEASONAL- FRESH WHOLE FRUIT
1% WHITE OR FAT FREE FLAVORED MILK
ROMAINE GARDEN SALAD
BUTTERMILK RANCH DRESSING

ALL SIDE ITEMS ARE AVAILABLE WITH ANY REIMBURSABLE MEAL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

FUN LUNCH

Ham & Cheese Sub
W/Goldfish

Crispy Chicken Strips
w/ Roll
Tater Tots

Corn Dog
Carrots Stick w/ Ranch

Burrito

Hamburger w/
Baked Chips

SALADS

Cheesy Chef Salad

Chef Salad w/Turkey

Strawberry Chicken
Salad

Ultimate Ham Chef
Salad

Crispy Chicken Salad