Community Resources and Referrals



Crisis, Assault, Abuse and Suicide Hotlines

Organization Name:	Number or Online Chat
Adapt 24/7 Mobile Crisis Hotline	1-866-260-0800
Suicide & Crisis Center of North Texas 24/7 Crisis Line	214-828-1000
North Texas Behavioral Health Authority	1-877-653-6363 or 214-366-9407
National Suicide Prevention Lifeline	1-800-273-TALK (8255) 1-800-799-4TTY Hearing & Speech Impaired
I'm Alive/Hope Line	Hopeline.com (online chat) Imalive.org 1-800-suicide (1-800-784-2433) 1-800- 442- 4673
Online Emotional Support	Crisischat.org
Youth America Hotline	1-877-273-8255 press 1 or Text 838255
Crisis Text Line	Text HOME to 741741
National Sexual Assault Hotline	1-800-656- HOPE (1-800-656-4673)
National Domestic Violence Hotline	1-800-799-SAFE
Parkland Victim Intervention Program Crisis Hotline	214-590-0430 or 214-590-2926
Dallas Area Rape Crisis Center	972-641-RAPE (972) 641-7273
Genesis Women's Shelter Hotline	214-946-HELP (4357)
The Family Place (Domestic Violence) Crisis Hotline	214- 941- 1991
Hope's Door (Domestic Violence) Crisis Hotline	972-276-0057
Mosaic Family Services Domestic Violence and Human Trafficking Survivors	(214) 823-4434 24-Hour Crisis Hotline

Crisis/Trauma

Adapt Community Solutions

Provides suicide and mental health evaluations and referrals, mobile crisis response (866) 260- 8000 4333 Gannon Lane, Suite 101 Dallas, TX 75237

Parkland Victim Intervention Center

(214) 590-2926 (24 Hour Crises Hotline) 5201 Harry Hines Blvd.
Dallas, TX 75235

Dallas Area Rape Crisis Center

(972) 641-7273 4210 Junius Street Dallas, TX 75246





North Texas Food Bank

Email:snap@ntfb.org (214)269-0906 Call or use website to locate closest food bank Ntfb.org

White Rock Center of Hope

Services Provided: Food Pantry, Clothing Closet, Financial Assistance, and Transportation Assistance (214) 324-8996 10021A Garland Road Dallas, TX 75228

Metrocrest Services

Specialties in homelessness, job counseling, emergency financials (972) 746-446-2100 13801 Hutton Drive, Suite 150 Farmers Branch, TX 75234

The Stewpot

(214) 746-2785 1835 Young Street Dallas, TX 75201 thestewpot.org

Family Gateway

Family shelter and permanent supportive housing (214) 823-4500 711 South St. Paul St. Dallas, TX 75201

Interfaith Family Services

Housing for Homeless Families (214) 827-7220 5600 Ross Avenue Dallas, TX 75206

Domestic Violence

Hope's Door

24 Hour Crisis Hotline: (972)276-0057 Main Line (972) 276-0423 218 North Tenth Street Garland, TX 75040

Genesis Women's Shelter

(214) 946-4357 24 Hour Crisis Hotline (214) 378-7700 (Counseling) 4211 Lemmon Ave. #201 Dallas, TX 75219

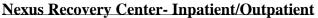
The Family Place

Domestic Violence Emergency Shelter 24 Hour Crisis Hotline: (214) 941- 1991 Main Line: (214) 559-2170

Mosaic Family Services

Family Violence and Human Trafficking Survivors (214) 823-4434 24-Hour Crisis Hotline (214) 821-5393 Main Line 12225 Greenville Ave. Suite 800 Dallas, TX 75243

Drug and Alcohol Misuse



Females, Ages 13-17 or Adult Women (214) 321-0156, ext. 3118 Multiple Locations in Dallas County

Phoenix House- Teenagers

1-800-378-4435 2345 Reagan St. Dallas, TX 75219

The Council on Alcohol and Drug Abuse- Dallas Chapter

Substance misuse assessment and referrals (214) 522-8600 1349 Empire Central Dr. #800 Dallas, TX 75247

Free/Low Cost Counseling Services

Momentous Institute

Sliding-scale counseling, after-school programs Spanish speaking counselors

West Dallas Location

(214) 452-3105

9705 Harry Hines Blvd.

Dallas, TX 75220

Oak Cliff Location

(214) 915-4700

106 E. 10th Street

Dallas, TX 75203

Centro di Mi Salud (Center for My Health)

Spanish speaking specialty; individual and family counseling; psychiatric services (214) 941-0798 628 Centre St. Dallas, TX 75208

Jewish Family Services

Counseling and assessments (972) 437-9950 5402 Arapaho Rd. Dallas, TX 75248

The Center

Children, Family, Individual Counseling and Assessments (214) 526-4525 Multiple Locations

Family Tree Program Counseling

Free counseling with a specialty in family counseling, Spanish speaking counselors 1-888-837-0666 1-800-972-3416 (Spanish) (940) 387-7517 Multiple Locations

North Texas Grief and Loss Center

Grief Counseling for Children (214) 452-3105 4316 Abrams Rd. Dallas, TX 75214

Grief Works

Children's Grief Support Group (972) 960-9881 5440 Harvest Hill Rd. Suite 140 Dallas, TX 75230



Psychiatric Care



Children's Medical Center Child/Adolescent Psychiatry

(214) 456-5900 1935 Medical District Drive Dallas, TX 75235

Texas Health Behavioral Health Hospital

(214) 345-7355 8200 Walnut Hill Lane Dallas, TX 75231

Green Oaks Hospital

(972) 991-9504 1-800-866-6554 7808 Clodus Fields Dr. Dallas, TX 75251

Parkland Hospital

Psychiatric Emergency Unit (214) 590-8761 5201 Harry Hines Blvd. Dallas, TX 75235

Children's Health SPARC Program

Suicide Prevention and Resilience At Children's Health- Intensive Outpatient Program for Youth with Suicidal Behaviors New Patient (214) 456-5937 1935 Medical District Dr. Dallas, TX 75235