

Community Resources and Referrals



Crisis, Assault, Abuse and Suicide Hotlines

Organization Name:	Number or Online Chat
Adapt 24/7 Mobile Crisis Hotline	1-866-260-0800
Suicide & Crisis Center of North Texas 24/7 Crisis Line	214-828-1000
North Texas Behavioral Health Authority	1-877-653-6363 or 214-366-9407
National Suicide Prevention Lifeline	1-800-273-TALK (8255) 1-800-799-4TTY Hearing & Speech Impaired
I'm Alive/Hope Line	Hopeline.com (online chat) Imalive.org 1-800-suicide (1-800-784-2433) 1-800-442-4673
Online Emotional Support	Crisischat.org
Youth America Hotline	1-877-273-8255 press 1 or Text 838255
Crisis Text Line	Text HOME to 741741
National Sexual Assault Hotline	1-800-656- HOPE (1-800-656-4673)
National Domestic Violence Hotline	1-800-799-SAFE
Parkland Victim Intervention Program Crisis Hotline	214-590-0430 or 214-590-2926
Dallas Area Rape Crisis Center	972-641-RAPE (972) 641-7273
Genesis Women's Shelter Hotline	214-946-HELP (4357)
The Family Place (Domestic Violence) Crisis Hotline	214- 941- 1991
Hope's Door (Domestic Violence) Crisis Hotline	972-276-0057
Mosaic Family Services Domestic Violence and Human Trafficking Survivors	(214) 823-4434 24-Hour Crisis Hotline

Crisis/Trauma

Adapt Community Solutions

Provides suicide and mental health evaluations and referrals, mobile crisis response
(866) 260- 8000
4333 Gannon Lane, Suite 101
Dallas, TX 75237

Parkland Victim Intervention Center

(214) 590-2926 (24 Hour Crises Hotline)
5201 Harry Hines Blvd.
Dallas, TX 75235

Dallas Area Rape Crisis Center

(972) 641-7273
4210 Junius Street
Dallas, TX 75246

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Housing, Food and Financial Assistance



North Texas Food Bank

Email: snap@ntfb.org
(214) 269-0906
Call or use website to locate closest food bank
Ntfb.org

White Rock Center of Hope

Services Provided: Food Pantry, Clothing Closet, Financial Assistance, and Transportation Assistance
(214) 324-8996
10021A Garland Road
Dallas, TX 75228

Metrocrest Services

Specialties in homelessness, job counseling, emergency financials
(972) 746-446-2100
13801 Hutton Drive, Suite 150
Farmers Branch, TX 75234

The Stewpot

(214) 746-2785
1835 Young Street
Dallas, TX 75201
thestewpot.org

Family Gateway

Family shelter and permanent supportive housing
(214) 823-4500
711 South St. Paul St.
Dallas, TX 75201

Interfaith Family Services

Housing for Homeless Families
(214) 827-7220
5600 Ross Avenue
Dallas, TX 75206

Domestic Violence

Hope's Door

24 Hour Crisis Hotline: (972) 276-0057
Main Line (972) 276-0423
218 North Tenth Street
Garland, TX 75040

Genesis Women's Shelter

(214) 946-4357 24 Hour Crisis Hotline
(214) 378-7700 (Counseling)
4211 Lemmon Ave. #201
Dallas, TX 75219

The Family Place

Domestic Violence Emergency Shelter
24 Hour Crisis Hotline: (214) 941- 1991
Main Line: (214) 559-2170

Mosaic Family Services

Family Violence and Human Trafficking Survivors
(214) 823-4434 24-Hour Crisis Hotline
(214) 821-5393 Main Line
12225 Greenville Ave. Suite 800
Dallas, TX 75243

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Drug and Alcohol Misuse

Nexus Recovery Center- Inpatient/Outpatient

Females, Ages 13-17 or Adult Women

(214) 321-0156, ext. 3118

Multiple Locations in Dallas County

Phoenix House- Teenagers

1-800-378-4435

2345 Reagan St.

Dallas, TX 75219

The Council on Alcohol and Drug Abuse- Dallas Chapter

Substance misuse assessment and referrals

(214) 522-8600

1349 Empire Central Dr. #800

Dallas, TX 75247

Free/Low Cost Counseling Services

Momentous Institute

Sliding-scale counseling, after-school programs

Spanish speaking counselors

West Dallas Location

(214) 452-3105

9705 Harry Hines Blvd.

Dallas, TX 75220

Oak Cliff Location

(214) 915-4700

106 E. 10th Street

Dallas, TX 75203

Centro di Mi Salud

(Center for My Health)

Spanish speaking specialty;

individual and family counseling;

psychiatric services

(214) 941-0798

628 Centre St.

Dallas, TX 75208

Jewish Family Services

Counseling and assessments

(972) 437-9950

5402 Arapaho Rd.

Dallas, TX 75248

The Center

Children, Family, Individual Counseling and Assessments

(214) 526-4525

Multiple Locations

Family Tree Program Counseling

Free counseling with a specialty in family counseling, Spanish speaking counselors

1-888-837-0666

1-800-972-3416 (Spanish)

(940) 387-7517

Multiple Locations

North Texas Grief and Loss Center

Grief Counseling for Children

(214) 452-3105

4316 Abrams Rd.

Dallas, TX 75214

Grief Works

Children's Grief Support Group

(972) 960-9881

5440 Harvest Hill Rd. Suite 140

Dallas, TX 75230

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Psychiatric Care



Children's Medical Center Child/Adolescent Psychiatry

(214) 456-5900
1935 Medical District Drive
Dallas, TX 75235

Texas Health Behavioral Health Hospital

(214) 345-7355
8200 Walnut Hill Lane
Dallas, TX 75231

Green Oaks Hospital

(972) 991-9504
1-800-866-6554
7808 Clodus Fields Dr.
Dallas, TX 75251

Parkland Hospital

Psychiatric Emergency Unit
(214) 590-8761
5201 Harry Hines Blvd.
Dallas, TX 75235

Children's Health SPARC Program

*Suicide Prevention and Resilience
At Children's Health- Intensive Outpatient
Program for Youth with Suicidal Behaviors*
New Patient (214) 456-5937
1935 Medical District Dr.
Dallas, TX 75235

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